

# JUNE 22, 23, & 24

## WEEKEND SEMINAR WITH KARMA TRINLAY RINPOCHE

### FOUNDATIONS OF THE BUDDHIST PATH

OFFERED ONLINE AND IN PERSON AT BODHI PATH CHICAGO

Friday June 22, 7:30pm-9pm

Saturday June 23, 1:30pm-3:30pm and 4pm-6pm

Sunday June 24, 10:30am-12:30 and 2pm-4pm

Join us for this special seminar, which offers an introduction to the Buddhist path, how it can help us understand the world and our place within it, and the role it can play in transforming our lives. Suited for newcomers and experienced practitioners alike, this program provides a foundation for the path of practice and study offered by Bodhi Path Buddhist centers.

#### REGISTRATION

Advance registration is strongly encouraged <http://www.bodhipath.org/chicago/>

Suggested Donation

\$100 - Standard Registration

\$150 - Patron Registration — support someone else!

\$0 - Scholarship Registration — contact us, and donate what you can

An additional voluntary offering to thank and support the teacher may be given separately.

No one turned away for lack of funds.

#### PROGRAM DESCRIPTION

While it is not mandatory to attend every session, full attendance is recommended to get the most out of this special opportunity.

##### SESSION 1, FRIDAY EVENING

THE RELEVANCE OF BUDDHISM IN THE 21ST CENTURY

How the views and methods of Buddhism offer a unique path for dealing with the challenges of our day and age.

##### SESSION 2, SATURDAY AFTERNOON

THE CAUSES AND CONDITIONS OF EXISTENCE

What gives rise to our experience and what can we do about it?

##### SESSION 3, SATURDAY EARLY EVENING

HOW TO MEDITATE

Learn the practice of Calm Abiding and the stages of meditation practice.

##### SESSION 4, SUNDAY MORNING

UNDERSTANDING THE WORKINGS OF MIND

What is mind and how does it function, according to Buddhist theory.

##### SESSION 5, SUNDAY AFTERNOON

APPLYING THE BUDDHIST PATH

How to integrate the Buddha's teachings into your everyday life.



#### ABOUT KARMA TRINLAY RINPOCHE

Karma Trinlay Rinpoche, one of the first Westerners to be recognized as a reincarnate master within Tibetan Buddhism, was born in Switzerland to an American mother and French father. At the age of three Trinlay Rinpoche was recognized as a reincarnation by the 16th Karmapa. He began his monastic training with Kalu Rinpoche shortly thereafter. Rinpoche teaches at Bodhi Path centers around the world, and has contributed to the development of the Bodhi Path curriculum. Renowned for his vast knowledge, easy manner, and eloquent, precise style, Trinlay Rinpoche brings fresh clarity to traditional subjects.

#### BODHI PATH CHICAGO

4043 N. Ravenswood Ave.,  
Suite 219  
Chicago, IL 60613

Located east of the Metra tracks, near Irving Park Brown Line & Ravenswood Metra

#### QUESTIONS?

[chicago@bodhipath.org](mailto:chicago@bodhipath.org)

[www.bodhipath.org/chicago/](http://www.bodhipath.org/chicago/)



CHICAGO  
**BODHI PATH**<sup>®</sup>  
BUDDHIST CENTER