

Two September programs:

## 1. Teaching

# Compassion Meets Emptiness

Three days of teachings on  
Chenrezig and Mahamudra  
With Karma Kagyu lineage holder  
**Shamar Rinpoche**  
September 13, 14, 15, 2013  
Bodhi Path Natural Bridge

### Program description:

Empty of essence, luminous, creative... the nature of mind is impossible to describe with precision and yet the mind is the basis of every experience. Mahamudra guides the practitioner to realize the fundamental nature of mind and uses this recognition as the basis for benefiting others. The natural result is the blossoming of loving-kindness and compassion, which finds its expression in the profound yet accessible practice of Chenrezig. Join Shamar Rinpoche as he illuminates the realization of Mahamudra.

**Shamar Rinpoche:** The 14th Shamarpa, or Red Hat Lama, is the second-oldest reincarnate lineage of Tibet. Rinpoche was born in 1952. He received the full teachings and transmissions from H.H. the 16th Karmapa as well as many important lamas of other lineages. In 1980, his activity began to spread with frequent teachings in Asia and the West, where he became well known for his ability to make even the most profound teachings easily accessible. In 1996, he organized the Bodhi Path Buddhist Centers, a worldwide network of centers based on a non-sectarian approach to Buddhism.

### Schedule:

Friday-Saturday, September 13-14:

Teaching by Shamar Rinpoche. Two sessions per day: 10 am to noon, 2 to 4 pm.

Q & A with a dharma teacher will follow an afternoon tea break at 4:30.

Dharma Movie Night, Friday evening, time TBA.

Sunday morning, September 15:

Teaching by Shamar Rinpoche continues.  
One session only, 10 am to noon.

Sunday afternoon, September 15:  
Dharma activities TBA.

Sunday evening, September 15:  
Bodhi Path celebration, 6 pm. Family and friends invited. Supper provided.  
Entertainment requested. Please bring musical instruments and favorite  
dharma songs.

Lunch provided at all events. Supper provided at the celebration.

## Annual Administrative Meeting

Monday, September 16:

10 am to 3 pm. This is an administrative meeting for those involved in the  
day-to-day matters of their Bodhi Path centers.

## 2. Practice

# Compassion and Emptiness Meet the Cushion.

**A Practical Application  
of Shamar Rinpoche's Teaching  
Led by Dharma Teacher Tsony  
September 17 (evening) to 22, 2013**

Based on instructions given by Shamar Rinpoche in the preceding  
teaching, Dharma Teacher Tsony will lead a 5-day retreat, which will  
explore the stages of mind's nature realization. Practice will focus on  
methods for cultivating compassion and emptiness. This program is a  
perfect opportunity to deepen understanding of Rinpoche's teaching  
through practice.

*Dharma Teacher Tsony: A Buddhist monk for over 25 years, Tsony  
completed two traditional 3-year retreats under the guidance of the great  
meditation master Gendun Rinpoche. For 15 years, he was Abbot of  
Kundrel Ling Monastery in France. Since 1991, he has been teaching  
philosophy and meditation throughout Europe and the U.S. He is now the  
resident teacher at Bodhi Path Natural Bridge.*

### Schedule:

Tuesday evening, September 17:  
7 to 8:30 pm. Introduction to retreat.

Wednesday-Saturday September 18-21:

9am to 5pm. Lunch provided.

Sunday, September 22:

9 am to noon. A lunch celebration will follow the conclusion of the retreat.

You may attend any or all of the meditation sessions; however, to preserve an atmosphere of tranquility, please enter the meditation hall only during a break.

### General Information:

#### Location:

All events for both programs will take place at Bodhi Path Natural Bridge, located eight miles south of Lexington, Virginia, at the south end of the beautiful Shenandoah Valley.

Address: 12 Bodhi Path, Natural Bridge, VA, 24578.

#### Program fees:\*

**Shamar Rinpoche's Teaching:** \$275 for entire program including teaching, celebration supper and daily lunch. (Housing additional.)

**Dharma Teacher Tsony's Meditation Retreat:**

\$175 for entire retreat or \$45 per day. Lunch included. (Housing additional.)

**If attending both programs:**

\$375. (Housing additional.)

Space is limited. **Advanced registration is important** and must be made, along with full payment, no later than August 23, 2013. We expect a full house and highly recommend you make your program and hotel reservations early. (See Cancellation Policy.)

**Please reserve early to help our planning.**

*\*Events at Bodhi Path are open to everyone. Lack of means to make a contribution is never a reason to stay away.*

#### Accommodations:

Please make your reservations directly with the establishment of choice.

#### Hotel/motels:

South River Highlands, 540-463-2593. Lovely rustic cabins, dorm spaces, and private rooms. 15 miles from center, car necessary. Please call for pricing. Mention Bodhi Path. [innkeepers@southernriverhighlands.com](mailto:innkeepers@southernriverhighlands.com)

Budget Inn Natural Bridge, 540-291-2896. A clean, modest motel, 1+ mile from the center. Special rate of \$59.95-\$69.99 for the "nothing fancy" crowd. Mention Bodhi Path.

Natural Bridge of Virginia Hotel, 800-533-1410. 5 miles from center.

For other accommodations 10+ miles from the center, please visit the

Lexington Visitors Center's website at [www.lexingtonvirginia.com](http://www.lexingtonvirginia.com).

For questions about housing during the **retreat** portion of the program please inquire at: [housingva@bodhipath.org](mailto:housingva@bodhipath.org).

#### Camping:

Natural Bridge KOA. 540-291-2770. RV hook-ups, cabins, tents. 2 miles from the center.

#### Airports and Ground Transportation

All airports require renting a car, limo service or ride sharing to get to the center.

**Roanoke**, Virginia, about 45 miles away, is the closest airport. Car rental or limo service available. Limo Services: Roanoke Airport Transportation Service, 540-345-7710, and Prestige Limousine, Inc., 540-342-8049. Price depends on number of people traveling together. Call for pricing. Make arrangements early to insure availability.

**Lynchburg**, Virginia, is a regional airport about one and a half hours away. This airport is often cheapest for those flying from the west. You will need a rental car from this airport. **Washington DC** airports, Dulles International or Reagan International, about 200 and 210 miles away, respectively. You will need a rental car if you fly into either of these airports. **Baltimore** International Airport, about 240 miles away. You will need a rental car from this airport. **Some special deals:** For folks coming from Florida or points south, check Allegiant Air's website for very cheap flights directly into Roanoke. At last check, Allegiant only flies from Tampa/St. Petersburg or Orlando. If you go on the site and sign up for their newsletter, they will let you know when they have the \$9 sale to Roanoke!

From New York City, Delta Airlines has a \$150 round trip ticket to Lewisburg, West Virginia, which is a 1.5-hour drive away.

**Ride sharing:** Ride sharing information will be sent out with confirmation of registration.

#### Reservation and payment deadline:

Advanced registration for both programs must be made, along with full payment, by **September 6, 2013**. You may register on line with a credit card or mail a check payable to Bodhi Path along with Registration Form (see following page) to:

Bodhi Path Buddhist Center,  
12 Bodhi Path, Natural Bridge, VA 24578.

#### Cancellation policy:

Prior to September 5, 2013, your total program fee, minus a \$40 per person registration fee, will be refunded upon cancellation. After September 5, 2013, no refunds will be made.

**For further information:**

Call: 540-464-5117, Email: [naturalbridge@bodhipath.org](mailto:naturalbridge@bodhipath.org), or visit our website: [www.bodhipath.org](http://www.bodhipath.org).

**Program Registration:**

Please print.

To register by mail, please fill out this registration form and mail along with check made payable to Bodhi Path Buddhist Center, 12 Bodhi Path, Natural Bridge, VA 24578. You may also register online and pay with a credit card by visiting the program page of our website: <http://www.bodhipath.org/annualmtg2013/>.

Participant 1: Last Name \_\_\_\_\_ First \_\_\_\_\_

Address: Number and Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Email Address \_\_\_\_\_ Telephone Number \_\_\_\_\_

Additional Participant's Name(s) \_\_\_\_\_

	Number attending	Fee
Attending <b>Shamar Rinpoche's Teaching</b> , Friday, September 13 to Sunday, September 15. Includes Celebration. \$275 per person.	_____	_____
Attending Bodhi Path Meeting, Monday, September 24. No cost.	_____	_____
Attending <b>Retreat with Dharma Teacher Tsony</b> , Tuesday evening, September 17, to Sunday, September 22. \$175 per person, or \$40 per day.	_____	_____
Attending <b>both</b> programs: Teaching with Shamar Rinpoche and Meditation Retreat with Tsony. \$375 per person.	_____	_____

**Donation:**

Optional donation to support Bodhi Path: \_\_\_\_\_

Optional donation to support Stupa construction: \_\_\_\_\_

Optional donation to support Scholarship fund: \_\_\_\_\_

**Total:**

I have enclosed a check made payable to Bodhi Path for: \_\_\_\_\_

**Please note: Your registration will not be complete until we receive payment.**